

# Did you know?

Your doctor isn't the only person who can help you feel better.

You can improve your health and wellbeing through a Social Prescription.

Who do I contact?

Your Social Prescriber Link Worker can be contacted through your surgery, if this is something you wish to be referred into then speak to the practice staff who will be happy to do this.

The Arrival Practice

Densham Surgery

Dovecot Surgery

Elmtree Surgery

Riverside Medical Practice

Woodbridge Practice

Woodlands Family  
Medical Centre

# Stockton South Primary Care Network

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Social Prescriber Link Worker  
for Cancer Support





We are Stockton South Primary Care Network working together to deliver a wider range of specialist care services.

## Social Prescribing Link Worker for Cancer Support

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Social Prescribing enables GPs and other frontline healthcare professionals to refer patients to a link worker – to provide them with a face to face conversation during which they can create a Social Prescription.

A Link Worker is someone who has time to listen and focus on what matters to you. This can be within a practice or the comfort of your own home.



## What a Link Worker can help me with?

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Social prescribing helps people to identify and manage their holistic needs by signposting to practical and emotional support in local communities.

They will be able to find information and guidance on your diagnosis and treatment.

Contact the surgery to be referred to a Social Prescriber and Link Worker – Cancer Support.